

Assessment of heavy metal contamination in plastic disposable cups frequently used in Lucknow

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ABSTRACT

Human exposure to environmental heavy metals continues to be a major health concern. The main objectives of this study was to monitor the heavy metals concentration in the leachates of plastic disposable cups of ten different brands (locally made) which were frequently used in Lucknow, U.P.(India), in different simulating conditions *i.e.* double distilled water, ethanol (8%), acetic Acid (3%), sodium Chloride (0.9%) and sodium Carbonate (5%) at $25\pm 2^{\circ}\text{C}$ for 24 hrs (ambient conditions), $60\pm 2^{\circ}\text{C}$ for 2hrs (elevated conditions) and $04\pm 1^{\circ}\text{C}$ for 72 hrs (refrigerated conditions). The result showed that the leaching of heavy metals in all samples of plastic disposable cups were below than the permissible limits *i.e.* (1ppm) except Cd which is (0.01 ppm).

Key words: Heavy metals, Disposable cups, Leachates, Concentration.

1. INTRODUCTION

We are living in a plastic era. Plastics have created new horizons in every field of life ranging from packaging to use in space crafts and biomedical devices/ implants. If present trends continue, plastic is expected to become the market's largest sector within the next decade. The finished plastics are generally considered to be safe if they are manufactured at standard conditions using permitted chemicals recommended by national and international regulatory agencies and used properly [1-9]. Many inorganic chemical additives can be added to plastics in order to get desired physical, chemical, or mechanical properties. Additives used as stabilizers may include calcium and zinc. Pigments often contain metals such as lead, tin, arsenic, nickel, cadmium, barium, aluminum, titanium, and iron. These additives are not chemically bound to the matrix of the polymeric materials and leach out under the influence of physicochemical factors such as sun light, temperature, and type of solvents and pH of the stored commodity [10-17]. Release of hazardous substances from plastic products to air, extraction fluids, water, food, food simulants, saliva and sweat have been shown by chemical analysis for examples lead, tin and cadmium compounds that include organics, metals and volatile sulphur containing compounds may leach out from the plastic disposable cups into the contained solution [17-20]. Zinc based organic compounds are often used to initiate polymerization and wide ranging trace levels of zinc are found in plastic diluents [21]. There are

numerous reports on the leachable, such as metals, DEHP, cyclohexanone and other organic and acidic compounds found in the solution of plastic articles [22-26]. Heavy metals, such as Cd, Cr, Cu, Fe, Mn, Ni, Pb and Zn are leached out in the simulating solvents from the finished plastic products [14, 27]. This can affect the normal physiological activities of the cells and other organs, as the levels of these metals were found above the permissible limits.

Cadmium is a carcinogen and causes kidney damage [28]. Lead is a neurotoxin and carcinogen. It can damage the nervous system, reproductive organs, cardiovascular system, liver, immune system and the kidney [29]. Some of the harmful health effects of lead are cumulative and irreversible [30]. Although lead exposure is a health hazard to human in general but children's are at a much greater risk [30-32].

2. MATERIALS AND METHODS

Ten brands of plastic disposable cups used in the present study were purchased from three major areas of Lucknow, Uttar Pradesh, India and washed thoroughly with sterilized double distilled water prior to leaching. Aseptic dried plastic cups were cut into small pieces of 1 cm² and immersed in 100 ml of either of simulating solvent *viz.* double distilled water, ethanol (8%), acetic Acid (3%), sodium Chloride (0.9%) and sodium Carbonate (5%) at $25\pm 2^{\circ}\text{C}$ for 24 hrs (ambient conditions) $60\pm 2^{\circ}\text{C}$ for 2hrs (elevated conditions) and $04\pm 1^{\circ}\text{C}$ 72 hrs (refrigerated conditions). Parallel sets having simulating solvents only were also run under

identical conditions and were served as basal control. The leachates will be taken in flask and digested with concentrated Nitric acid and the volume of digested samples will be made up to 10 ml using 1% Nitric acid. The digested samples were analyzed for metal content, (Cd, Cr, Cu, Fe, Mn, Ni, Pb and Zn) using a Perkin- Elmer atomic absorption spectrophotometer (AAS). One way ANOVA test was used to evaluate differences among the control and samples. The *t- test* was used to evaluate the concentration difference in the simulating solvents. The significance was set at 0.05.

Metal content should not be more than 1.00 ppm (Cd should not be more than 0.1 ppm).

3. RESULT AND DISCUSSION

The results of our study showed that mean concentration of heavy metals in the various leachates of the cups analyzed are given in figure 1-35.

The concentrations of the selected heavy metals were determined in triplicate and the result is given as a mean \pm standard deviation. The highest mean concentration of metals were detected generally at elevated conditions *e.i.* 60 \pm 2°C for 2hrs which are as-

The highest mean concentration of zinc was detected from S5 sample in 0.9% sodium chloride (0.814 ppm), nickel (0.691ppm) from S9 sample in 8 % ethanol, chromium, (0.845 ppm) from S4 sample in double distilled water, Iron, (0.654ppm) from S5 sample in double distilled water, copper (0.698 ppm) from S5 sample in double distilled water, manganese (0.641ppm) from S3 sample in double distilled water, cadmium (0.006 ppm) from S3 sample in double distilled water, S1& S6 in 8% ethanol and S1in 5 % sodium carbonate. There were lowest mean concentrations of these metals were found in refrigerated conditions *i.e.* 04 \pm 1°C for 72 hrs with some exceptions. At ambient condition *i.e.* 25 \pm 2°C for 24 hrs the mean concentration were detected generally intermediate between other two conditions. There were significant differences between mean concentrations of metals in different brands of samples.

The result showed that the leaching of heavy metals in plastic disposable cups is temperature dependant *i.e.* high at higher temperatures and at lower temperatures.

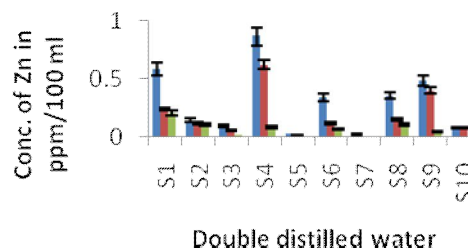


Figure 1

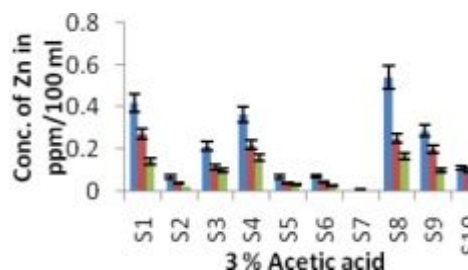


Figure 2

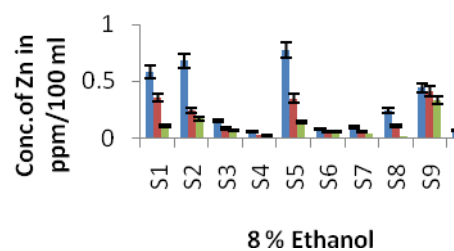


Figure 3

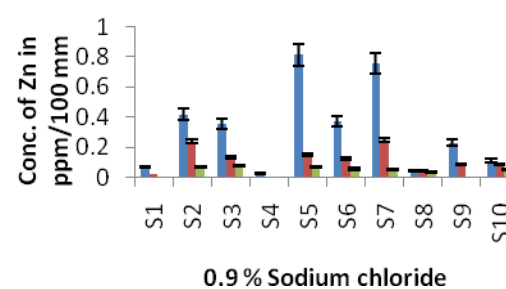


Figure 4

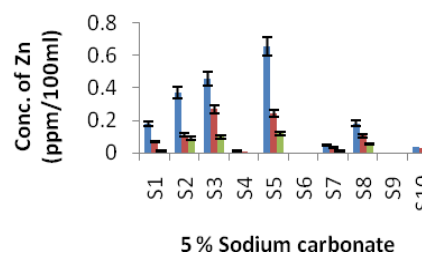


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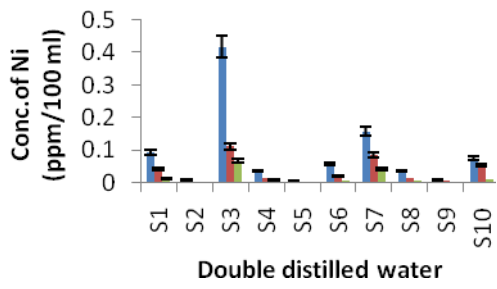
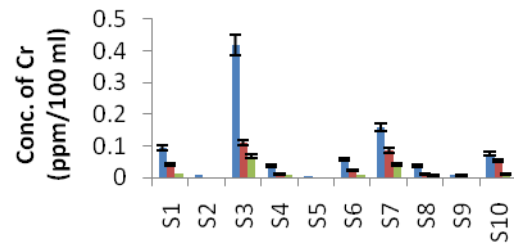


Figure 6



Double distilled water

Figure 11

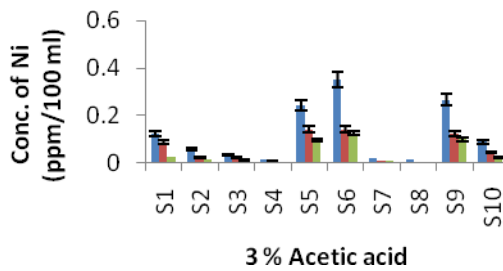
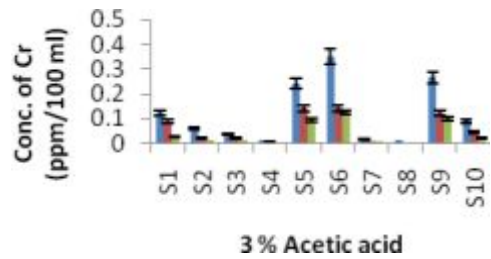


Figure 7



3% Acetic acid

Figure 12

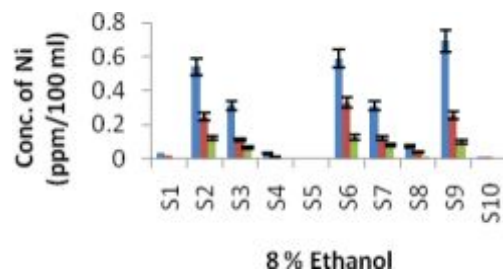
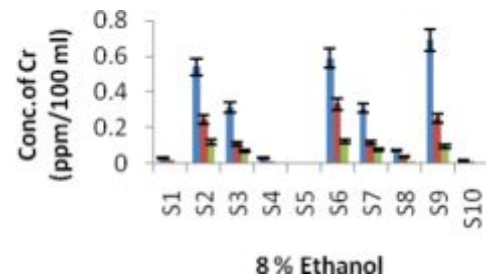


Figure 8



8% Ethanol

Figure 13

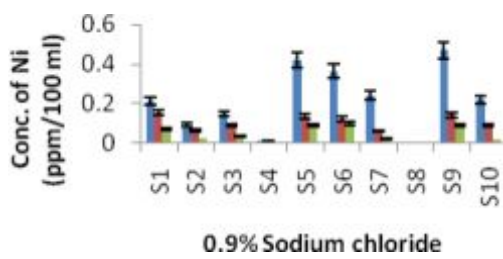
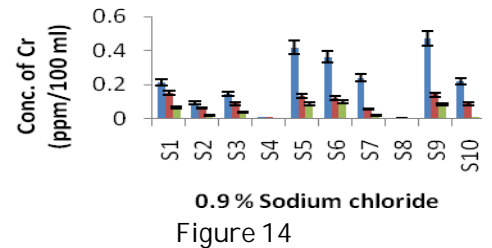


Figure 9



0.9% Sodium chloride

Figure 14

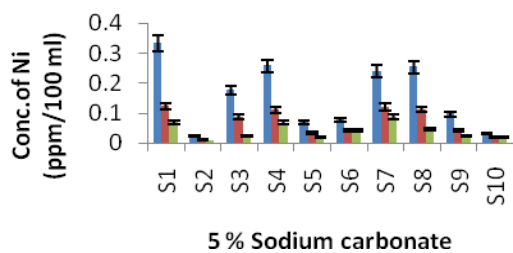
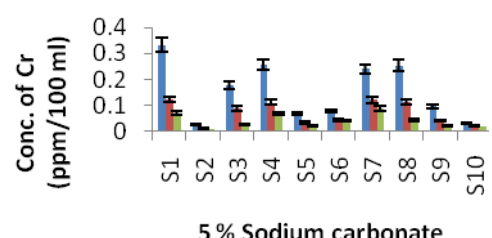


Figure 10



5% Sodium carbonate

Figure 15

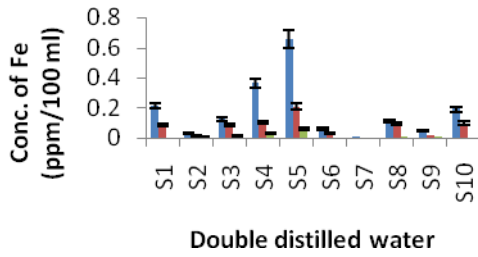


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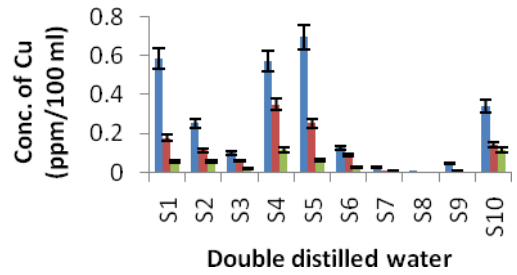


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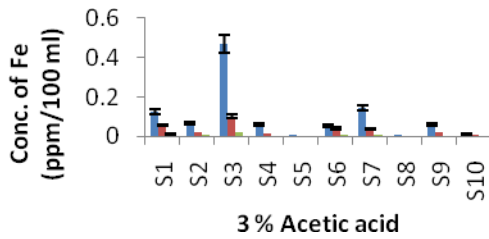


Figure 17

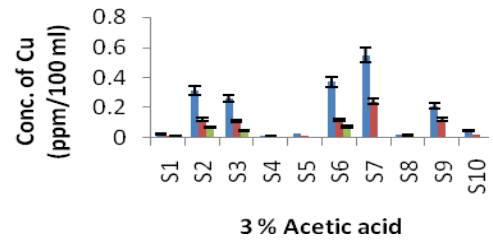


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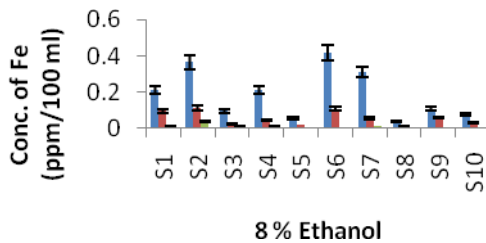


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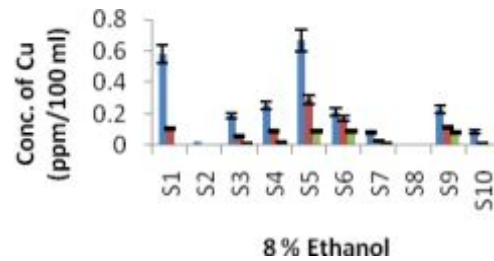


Figure 23

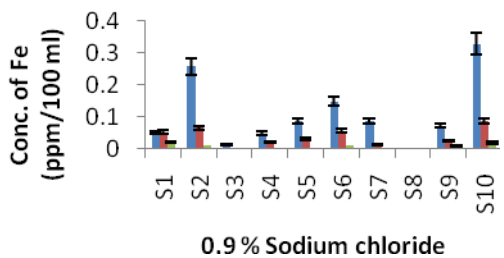


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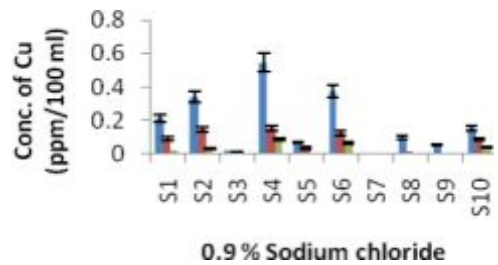


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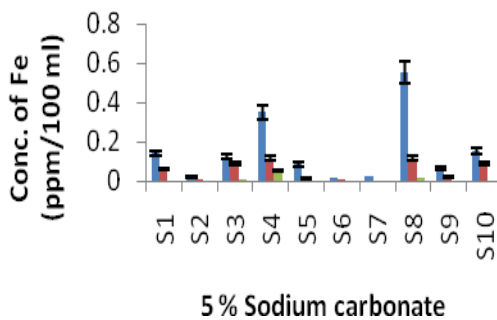


Figure 20

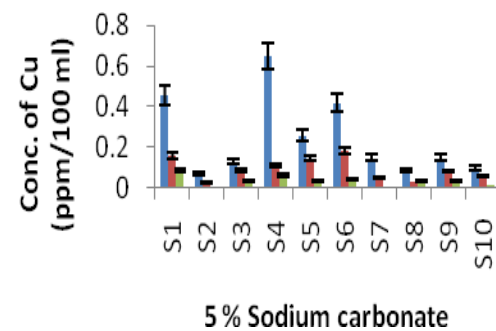


Figure 25

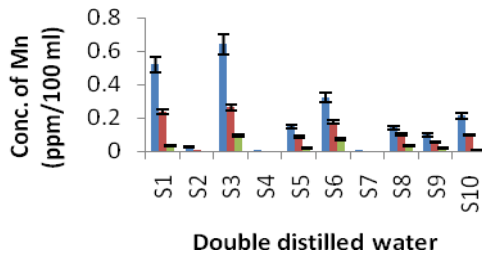


Figure 26

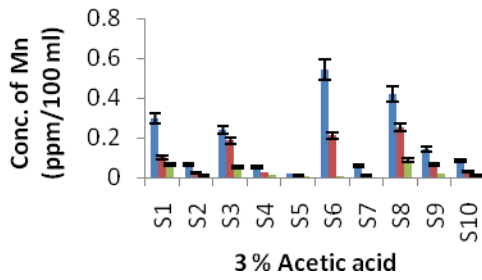


Figure 27

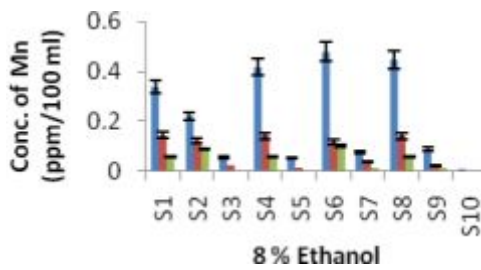


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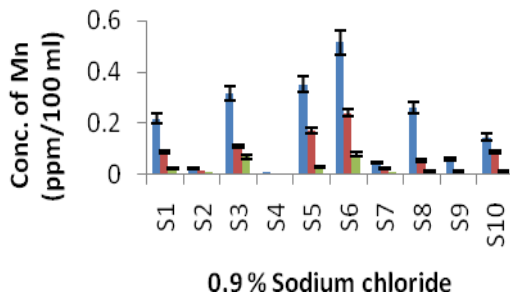


Figure 29

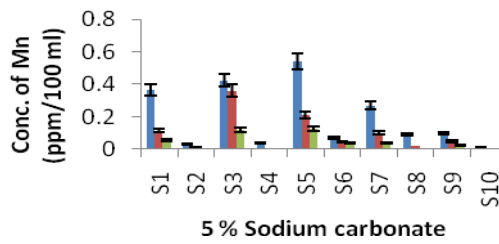
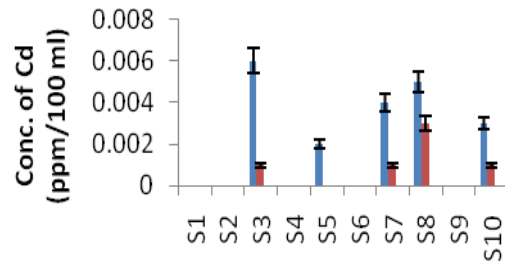
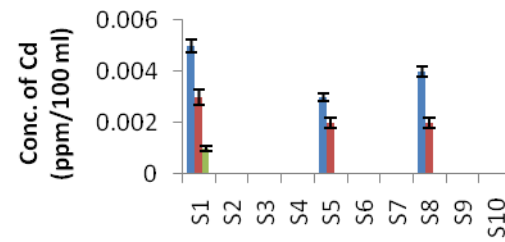


Figure 30



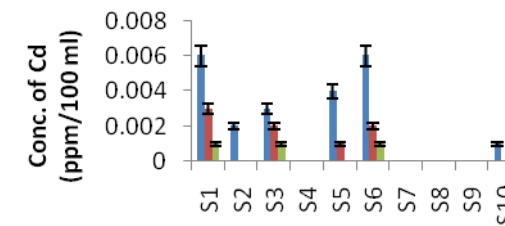
Double distilled water

Figure 30



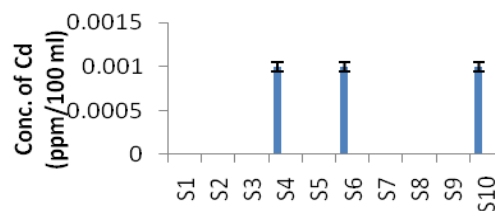
3% Acetic acid

Figure 31



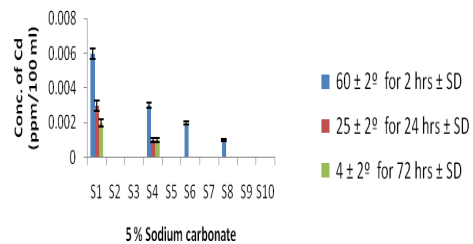
8% Ethanol

Figure 32



0.9% Sodium chloride

Figure 33



5% Sodium carbonate

Figure 34

Figure 1-35: Shows the heavy metal migration in different simulating solvents and conditions.

4. Conclusion

The cups purchased from various areas of Lucknow, U.P. India contain toxic heavy metals in varying concentrations and most of them showing high concentrations that may pose hazards to human's as well as animal's health and create a major health hazard in its use and disposal especially at high temperatures.

Acknowledgment

All authors are thankful to our Hon'ble Vice Chancellor Prof. S.W.Akhtar for providing facilities. Authors are also thankful to Er Adnan habib, Mr Imran Khan and Mr Tanzeel Ahmad Khan for providing their help during experimental work.

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